LA LECHE LEAGUE OF KANSAS presents

BREASTFEEDING 2013: Evidence Based Learning through Observation

A Continuing Education Program for Health Care Professionals

featuring

Christina M. Smillie, MD, FAAP, IBCLC, FABM

Friday, March 8, 2013

Meridian Center
Newton, Kansas
1420 East Broadway Court
Conveniently located on I-135, just 25 minutes north of Wichita

Register Early. Space is Limited!

Our mission is to help mothers worldwide to breastfeed through mother-to-mother support, encouragement, information, and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother.

Register Online at: KansasLLL.org
Christina M. Smillie, MD, FAAP, IBCLC, FABM

Dr. Smillie is the Founder and Medical Director of Breastfeeding Resources, a private medical practice limited to the specialty of breastfeeding medicine in Stratford, Connecticut. As an authority on the physiology, pathophysiology and clinical management of a wide variety of breastfeeding issues, Dr. Smillie wrote and produced the highly-acclaimed Baby-led Breastfeeding: The Mother Baby Dance DVD, is an advisor on coding and reimbursement to the American Academy of Pediatrics Section on Breastfeeding, and serves on the Health Advisory Council of the Professional Advisory Board to La Leche League International. Her clinical experience with lactating mothers and their breastfed babies over the past fifteen years has taught her much about a variety of common clinical issues. Her interests include the mother-baby relationship and how babies, mothers, and healthcare professionals learn.

With her wealth of experience, and her warm and personal style, Dr. Smillie is a highly-regarded conference speaker regionally, nationally and internationally who is not to be missed. Her dynamic presentation will include five of her most popular and thought-provoking sessions that will address many of the issues lactation professionals and counselors face everyday, and will offer her audience the tools necessary to better support successful outcomes for breastfeeding mothers and babies.

LA LECHE LEAGUE OF KANSAS – CE PROGRAM PLANNING COMMITTEE:

Brenda Bandy, IBCLC, KS Professional Liaison, Leader
Shara Carter-Howell, Leader
Barb Gabbert-Bacon, Leader
Lori Harlan, Leader
Becky Hugh, IBCLC, Leader
Jane Tuttle, EdD, Leader
Dana Runnebaum, RN, Leader
Theresa Weigel, IBCLC, Leader

MERIDIAN CENTER – NEWTON, KANSAS

1420 East Broadway Court
Conveniently located at I-135 and Broadway Street, Exit 31

La Leche League of Kansas is very pleased to present our continuing education program at the beautiful Meridian Center, located just 25 minutes north of Wichita, in Newton. The 15,000 square foot facility features a beautiful lobby and exceptional meeting accommodations. The spacious conference room offers ample classroom-style seating and features state-of-the-art audio-visual equipment, with three large presentation screens for optimal viewing, and wireless internet service. Plentiful parking surrounds the facility. There are several hotel choices in the area, which include the new Comfort Inn, less than one mile from the Center. Adjacent to the Meridian Center, the Holiday Inn Express will offer our registrants a limited number of sleeping rooms (up to four adults) at the special rate of $89. Please request the “KS La Leche League” special rate before 2/21/13, and you are encouraged to make your reservation early.

Holiday Inn Express, 1430 E. Broadway Court, 316-804-7040, hiexpress.com (Special Rate)
Comfort Inn & Suites, 1205 East 1st Street, 316-804-4866, comfortinn.com

Please print, post and share this information with your colleagues
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<thead>
<tr>
<th>TIME</th>
<th>PROGRAM</th>
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<tbody>
<tr>
<td>7:30</td>
<td>Registration &amp; Continental Breakfast</td>
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<tr>
<td>8:00</td>
<td>Welcome and Introductions</td>
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<td>8:15</td>
<td>The Mother-Baby Dance: How Mothers and Babies Think and What This Has To Do With Learning To Breastfeed</td>
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<td>8:45</td>
<td>The Vicious Cycles of Slow Weight Gain: Poor Appetite, Poor Feeding, and Poor Production</td>
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<td>9:00</td>
<td>Beyond Positioning and Latch: How Mothers and Babies Use Their Hands to Keep Breastfeeding Simple</td>
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<td>11:00</td>
<td>Luncheon</td>
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<td>2:15</td>
<td>Break, Bookstore &amp; Exhibits</td>
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<td>4:00</td>
<td>Break</td>
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<td>4:15</td>
<td>Speaking In Many Tongues: How the Laid-Back Mother Facilitates the Baby-Led Breast Crawl to Self-Attachment, Oh My!</td>
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<td>4:45</td>
<td>Closing, Evaluations and CE Credits</td>
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**PURPOSE**

This conference is designed to enable participants to learn about milk synthesis, milk supply, the baby’s role in milk supply, how to assist with a non-latching baby, how an infant’s hands naturally assist in breastfeeding, and how to utilize current research to develop strategies to assist mothers and support the breastfeeding relationship.

**OBJECTIVES**

- Explain how a mother’s innate intuitive right-brained interactions with her infant help her baby learn, handle emotional stress, and adapt to his changing environment.
- Learn how a mother’s misunderstanding of milk production can interfere with her milk production, and learn easy strategies to speed the rate of milk production.
- Evaluate how the mother’s, baby’s, and helper’s hands can both facilitate and impede effective breastfeeding.
- Describe factors in slow weight gain and how recommended intervention can improve the baby’s weight gain.
- Identify at least four different phases of a baby’s natural feeding behavior and how our perception of the behavior impacts our ability to assist mother and baby.

**CONTINUING EDUCATION CREDITS**

La Leche League of Kansas is an approved provider of continuing nursing education by the Kansas State Board of Nursing. This program has applied for 6.0 contact hours applicable for RN, LPN, or LMHT relicensure from the Kansas State Board of Nursing. This program has applied for 7.0 CE hours from the Kansas Department of Health and Environment. This program has applied for 6.0 L-CERPS from the IBLCE. Participants will receive a certificate for credits earned.

**IMPORTANT NOTE ~ MOTHERS’ LOUNGE**

While La Leche League welcomes little ones to our conferences, due to the technical nature of continuing education sessions we require that attendance by children be limited to quiet infants-in-arms. Space is available at the back of the room for mothers with babies. We ask that mothers be aware of any situation, including happy baby noises that may break the concentration of those attending the session to acquire CE credits. Monitors will closely evaluate the noise level during the program and are instructed to courteously assist attendees who must leave the room to meet their child’s needs. Your consideration of other attendees is truly appreciated.

The **Mothers’ Lounge** is available for use throughout the day for mothers who want to express their milk or relax with their baby.

KS LLL offers our sincerest gratitude to the Meridian Center for sponsoring our Mothers’ Lounge.
A continental breakfast, lunch buffet and refreshments are included in the registration cost.

ABOUT LA LECHE LEAGUE

Our mission is to help mothers worldwide to breastfeed through mother-to-mother support, encouragement, information, and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother. La Leche League International has over 50 years of experience helping mothers breastfeed their babies. LLLI publishes numerous materials on breastfeeding and parenting for use by mothers and healthcare professionals.

La Leche League Leaders are accredited volunteers who are experienced breastfeeding mothers knowledgeable in areas of current breastfeeding research and effective problem solving techniques. A truly international organization, there are over 7,000 accredited LLL Leaders working in over 70 countries around the world.

La Leche League of Kansas supports over 50 Leaders who serve mothers and babies throughout Kansas. LLL Leaders hold monthly informational meetings and provide extensive online and telephone support. Visit LLLL.org and KansasLLL.org for breastfeeding information and to find a Leader near you.

REFRESHMENTS

A selection of books, DVDs and other breastfeeding resources will be available. Methods of payment include cash, check, or credit card.

LLL OF KANSAS MEMBERSHIP

Help support mothers and babies through La Leche League! Purchase an annual LLL of Kansas membership for $40. You will receive LLL USA’s e-publication NEW BEGINNINGS and discounts on parenting conferences provided by LLL of Kansas. Your supporting membership ensures breastfeeding support is provided for Kansas families for years to come.

REFUND POLICY

Registration fee will be refunded for cancellations received on or before 2/22/13, less a $25 administrative fee. No refunds will be given after 2/22/13. $30 will be charged for returned checks.

BOOKSTORE

A selection of books, DVDs and other breastfeeding resources will be available. Methods of payment include cash, check, or credit card.

FOR MORE INFORMATION

For CE PROGRAM, contact: Brenda at 785-539-3993 or bandy@kansas.net

For CE REGISTRATION or for general KS LLL info contact: Shara at 316-640-5891 or kslalecheleague@gmail.com

REGISTER ONLINE at KANSASLLL.ORG or MAIL-IN REGISTRATION FORM - please print clearly

Name: ___________________________________________ License No: ________________________ (as listed on your license) (mandatory to receive certificate)

Home Address: ___________________________________________ City/State/Zip: _____________________________

Day Telephone No: ___________________________ Email: ___________________________________________ (your email address is required)

IBCLC No: ________________________________________ Employer / Organization: _____________________________ (mandatory to receive IBCLC certificate)

Classification (mark all that apply): ☐ RN ☐ LPN ☐ RD ☐ IBCLC ☐ Other _____________________________

☐ $89 - Register to receive Continuing Education Credits (RN, LPN, RD, IBCLC Only)

☐ $69 - Register to receive a Program Attendance Certificate (without Continuing Education Credits)

☐ Add $40 - New Beginnings e-subscription (LLLUSA’s breastfeeding e-publication) and LLL of Kansas Membership

☐ Add $10 - Late Fee if postmarked after February 22, 2013 ($25 walk-in registration fee on program day)

☐ Check here if you have a disability and may require accommodation to fully participate. Please indicate:

______________________________________________________________________________________________________________

For PayPal or Credit Card Payment please register online at KANSASLLL.ORG

☐ I have included payment by check in the amount of $ ___________________ (please make check payable to: LLL of Kansas)

Federal Tax ID #36-3001474

MAIL THIS FORM & CHECK TO: KS LLL, c/o Shara Carter-Howell, 2700 Jester Creek Rd, Sedgwick, KS 67135-7011